



The Arc of Fond du Lac presents . . .



Navigating Our Way Through The Autism Journey

Nationally Known Speaker: Kristi Sakai

Author of Finding Our Way: Creating a Supportive Home and Community for the Asperger Syndrome Family

When: Saturday, April 25, 2009 9:00 am - 3:30 pm

(registration starts at 8:00 am)

Where: Community Church (off Hwy 23 W)

N6717 Streblov Drive, Fond du Lac, WI

(directions available with confirmation)

TOPICS

Accepting the Diagnosis

Self-Management Tools

Team Building

Parenting Challenges

Finding Balance/Family

Home/School Communication

Sexuality - Hidden Curriculum

Single: \$25 **Couple: \$40**
(registration includes lunch)

**Note: Registrations not received by
April 10, 2009, add \$5.00.**

Name: _____

2nd Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Email:** _____

(to confirm registration only & receive directions)

**Enclose a check payable to: The Arc of Fond du Lac
500 N. Park Avenue, Fond du Lac, WI 54935 (920-923-3810) x-126 (Lindee)**

www.arcfdl.org

Special accommodation requests should accompany registration at least 2 weeks in advance



Navigating Our Way Through The Autism Journey April 25, 2009 - Fond du Lac, WI

This conference will highlight topics spanning the range of activities involved in the day-to-day lives of those involved with people on the autism spectrum. Kristi Sakai will share real-life examples and concrete solutions for improving outcomes to support everyday life, including family, school, and community activities for individuals with autism spectrum disorders.

TOPICS COVERED:

- 1) Accepting the Diagnosis
- 2) Parenting Challenges
- 3) Self-Management Tools
- 4) Finding Balance in the Family
- 5) Team Building: Home/School Communication
- 6) Hidden Curriculum of Sexuality

Kristi Sakai

Kristi Sakai lives on a farm in Eugene, Oregon with her three children and husband, all of whom have Asperger Syndrome. After her oldest child was diagnosed, she embarked on an intense journey of seeking out interventions, only to discover they mostly applied to clinical and school settings. She set about to “translate” these research-based strategies for home and family, which eventually led to her writing *Finding Our Way: Creating a Supportive Home and Community for the Asperger Syndrome Family*, which received the Autism Society of America’s 2006 Literary Work of the Year in the Family Social category. Kristi is a national presenter and serves on the Attorney General of Oregon’s Sexual Assault Task Force for Developmental Disabilities, but the greatest passion of her life is being Mom to Tom, Kito, and Kaede, and wife to Nobuo. Website: www.kristisakai.net

Sponsored by: The Arc of Fond du Lac, Community Church, (additional grant applications submitted).

Hosted by: Sherry Behnke, Julia Cartwright, and Lindee Kimball.